



# GOVT. COLLEGE KULLU

Dhalpur Kullu. (H.P.) 175101  
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## Self-Assessment Report (SAR) for Annual Internal Ranking (AIR) of Govt. Colleges of Himachal Pradesh for the Academic Session 2023-24

### Criterion 2- Student Support, Services and Progression

#### 2.7 Gender Equity

##### 2.7.1 Number of Health/ sensitization programs organized

**Total No. of Health Check-ups and Interactive session=02**

#### ➤ Health Check-up Camp

A health checks up camp was organized in the college to test the health conditions of the students and details can be found in the given link.

[https://www.gckullu.ac.in/images/wc/health\\_check\\_up\\_camp\\_2023-24.pdf](https://www.gckullu.ac.in/images/wc/health_check_up_camp_2023-24.pdf)

NAME	CLASS	Roll NO.	Age	Ht. / Wt.	S.P.	B.P.	RBS (mg/dl)
1. Shashi	SSc(3) Chem	0810520294	19	46/54"	100/70	12.2	-
2. Kashiish	BSc(3) Xoo	0810520150	20	50/54"	90/70	10.9	-
3. Manish	BSc(1)	081Phy20	20	51/-	120/80	14.2	-
4. Abhay	BSc(1)	081Phy21	18	50/-	120/80	11.4	-
5. Vijay Kumar	B.A(1)	083Edu 117	17	56/-	-	12.3	101
6. Rajal Kripka	M.A B.Tech.	01	20	50/-	90/70	13.1	100
7. Yash	B.A(1)	080001300701586	19	56/-	100/80	12.8	101
8. Mohan	B.A(1)	1210021118	09	65/-	-	12.5	101
9. Vishal Kumar	-	-	18	61/-	130/80	12.6	101
10. Piyush	B.A(1)	081Edu118	17	53/-	130/80	12.5	101
11. Sonjyoti	-	-	17	54/-	-	-	-
12. Riya Sharma	-	-	18	45/-	110/70	13.11	-
13. Isha Mishra	-	-	19	46/-	100/70	13.11	-
14. Anushka	-	-	19	46/-	100/70	13.1	102
15. Savan	-	-	20	54/-	100/80	11.2	99
16. Anshu	-	-	18	48/-	100/80	11.2	102
17. Shubh	-	-	20	40/-	100/70	14.6	90
18. Anshu Sharma	B.A(1)	0808201300701586	18	49/53"	100/80	13.8	94
19. Shalini	B.A(1)	121005201586	12	55/55"	110/80	11.3	94
20. Shabnam	M.A(1)	109	20	55/55"	100/80	11.4	92
21. Divyanshi	-	-	19	62	-	14	91

NO	NAME	CLASS	ROLL NO.	Age	Ht	BP	Wt	Age
22	Syaiful Akbar	BSc (3 <sup>rd</sup> )	2210520306	19	177/54"	116/70	11.6	81
23	Syaiful Akbar	BSc (3)	2210520306	19	177/54"	116/70	11.6	81
24	Almanan Verano	BSc (3)	2210520319	19	57/53"	90/60	16.5	84
25	Sanjana Pratiwi	BSc (3)	2210520322	19	53/56"	110/70	-	-
26	Rivya Shanna	BA (2)	22114-121	18	55/55"	90/70	14	88
27	Anjali Nugroho	BA (2)	22260-117	18	45/52"	110/70	13.5	83
28	Nadaini	BA (2)	222601200701228	18	44/54"	110/80	11.9	120
29	Priyanka	BSc (2)	2210520322	19	49/57"	100/80	13	87
30	Vani Pratiwi	BSc (2)	2210520347	19	61/52"	120/80	15.1	94
31	Priyo	BSc (2)	2210520377	19	53/55"	100/80	11.2	83
32	Istikh	BA (3)	184540348	19	45/53"	-	-	-
33	Riya Shanna	BCom (2)	222601200701228	18	45/53"	-	-	-
34	Kanika	BSc (2)	2210520342	19	45/55"	-	-	-
35	Ramma	BSc (2)	2210520357	20	50/54"	-	-	-
36	Yungsi	B.Com (2)	2210520311	20	60/54"	-	-	-
37	Yungsi	B.Com (2)	2210520311	19	54/51"	100/80	13	100
38	Sirron	B.Com (2)	222201300701383	18	61/58"	90/60	13.2	88
39	Rizka	BA (2)	11115207932	20	54/55"	100/70	13.1	74
40	Raka	BA (2)	1211520913	19	46/54"	100/80	11.8	91
41	Shivani	BA (2)	1110520022	19	45/51"	120/80	11.8	82
42	Anyanika	BA (2)	1110520043	19	63/54"	110/70	13.8	-
43	Maulika	BSc (2)	2210520322	20	53/59"	100/70	8.4	-
44	Andriani	BA (1)	22 math 102	17	53"	-	-	-
45	Baitika	BSc (1)	148	18	44/55"	100/70	10.1	94
46	Baitika	BA (1)	222201300701383	18	41/59"	90/60	12.1	87

47	Andriani	BA (1)	22 math 102	17	53"	-	-	-
48	Baitika	BSc (1)	148	18	44/55"	100/70	10.1	94
49	Baitika	BA (1)	222201300701383	18	41/59"	90/60	12.1	87
50	Andriani	BA (1)	22 math 102	17	53"	-	-	-
51	Amni	BA (2)	1110520135	20	44/51"	100/70	11.1	-
52	Reza	BA (2)	222201300701383	18	44/51"	100/70	11.1	-
53	Simron	BA (2)	11105207932	19	44/51"	100/70	11.1	74
54	Sakila	BA (2)	11105207932	20	57/51"	110/70	11.6	74
55	Vandana Kumon	BA (2)	222201300701383	18	51/53"	100/70	11.5	101
56	Andriani	BA (2)	222201300701383	19	56/51"	-	-	-
57	Rizka	BA (2)	222201300701383	18	44/51"	-	-	-
58	Sonadi	BA (2)	222201300701383	18	44/51"	-	-	-
59	Arsha	BA (2)	222201300701383	18	60/54"	-	-	-
60	Baitika Pratiwi	BA (2)	222201300701383	19	61/57"	100/80	11.4	89
61	Andriani	BA (2)	222201300701383	18	52/56"	90/70	11.4	86
62	Andriani	BA (2)	222201300701383	18	44/51"	100/80	11.3	93
63	Baitika Pratiwi	BA (2)	222201300701383	20	53/53"	110/80	13.8	90
64	Baitika Pratiwi	BSc (1)	25 02 15	20	60/53"	-	-	-
65	Andriani Pratiwi	BA (1)	110520001	22	-	-	-	-
66	Sonadi Pratiwi	BSc (2)	22260120345	21	-	-	-	-
67	Andriani Pratiwi	BA (1)	22 math 102	18	49/53"	-	-	-
68	Andriani Pratiwi	B.Com (1)	22 Com 161	18	56/52"	-	-	-
69	Andriani Pratiwi	B.Com (1)	22 Com 139	18	55/50"	-	-	-
70	Andriani Pratiwi	BA (1)	222201300701383	18	53/56"	-	-	-
71	Andriani Pratiwi	BA (1)	222201300701383	18	57/56"	-	-	-
72	Andriani Pratiwi	BA (1)	222201300701383	18	50/55"	100/80	11	91
73	Andriani Pratiwi	B.Com (2)	222201300701383	18	48/52"	-	-	-
74	Andriani Pratiwi	BSc (2)	222201300701383	18	46/54"	100/80	11.3	89
75	Andriani Pratiwi	BA (1)	222201300701383	20	44/54"	-	-	-
76	Andriani Pratiwi	BA (2)	222201300701383	18	46/55"	-	-	-



No.	Name	Class	Roll No	Age	Hgt	SP	HB	BS
76.	Adeelam			19	47/53			
77.	Arhi			20				
78.	Aishu Phakur			18				
79.	Diya			20				
80.	Kishu Raj			19				
81.	Renuka	BA(2)	202201300701295	18				
82.	Subalika	BA(2)	202201300701555	18	54/52"	100/70	11.6	107
83.	Usha	BA(2)	202201300701464	18	50/54"		12.1	95
84.	Shagun	BA(1)	22 Alind 159	19				
85.	Meerakati	BA(1)	202201300701477	19	53/5"	90/70	10.4	84
86.	Shelja	BA(2)	22 Alind 10488	19				
87.	Alexa	BA(1)	202201300701349	19	50/54"		8.8	113
88.	Pragti Rana	BA(2)	202201300701418	19	80/55"	110/80		
89.	Sakshi	BA(2)	21 03 52918	19				
90.	Samaran	BA(3)	22 Pal 196	18				
91.	Shilpa	BA(1)	202213007011943	18				
92.	Shabnam	BA(2)	202201300701477	19				
93.	Akash	BA(1)	202213007011004	19				
94.	Sujvani	BA(2)	202201300701366	19				
95.	Kanika	BA(2)	202201300701324	19	55/50"	120/80	13.3	
96.	Ranjana	BSc(2)	202201300701080	19	50/54"	120/80	13.6	88
97.	Ruby Sharma	BA(2)	202201300701032	19	57/50"	118/80	11.8	86
98.	Rishi Kumari	BSc(1)	202201300701035	19	45/52"	100/70	12.7	85
99.	Sangeeta	BA(1)		19				

100.	Sanjana	BA(1)	202201300701045	19	45/52"	100/70	11.5	85
101.	Mohita	BA(1)	202201300701032	19				
102.	Mansi	BA(2)	202201300701047	19				
103.	Ashu	BSc(2)	202201300701041	19				
104.	Sandhya	BA(2)	202201300701037	19				
105.	Dipu Phakur	BA(2)	202201300701045	20				
106.	Saham	BA(2)	202201300701044	19				
107.	Ranjana			19	47/-		15	111
108.	Archi			20	45/-	100/80	14	90
109.	Asha			21	61/-	110/80	16.6	107
110.	Ashu			19	40/-	100/80	11.5	102
111.	Aishu Phakur	BA(2)	202201300701045	21	56/-	100/80	11.9	102
112.	Arushi			21	50/-	110/80	11.9	105
113.	Ashu			21	51/-	100/80	11.3	104
114.	Sudhansu			20	51/-	110/80	11.1	97
115.	Kashish			19	52/50"	110/80	12.1	86
116.	Katasha			18	49/48"	100/80		
117.	Sahana	BA(2)	202201300701464	20	58/-	100/80	14	84
118.	Amisha			21	49/-	100/80	12.8	93
119.	Samaran			18	48/-		13	101
120.	Arushi			18	50/54"	100/70	11.8	107
121.	Kaush			18	50/54"	100/70	11.8	107
122.	Sanjay			18	50/54"	100/70	11.8	107
123.	Arushi			18	50/54"	100/70	11.8	107
124.	Arushi			18	50/54"	100/70	11.8	107
125.	Arushi			18	50/54"	100/70	11.8	107
126.	Arushi			18	50/54"	100/70	11.8	107
127.	Arushi			18	50/54"	100/70	11.8	107
128.	Arushi			18	50/54"	100/70	11.8	107
129.	Arushi			18	50/54"	100/70	11.8	107
130.	Arushi			18	50/54"	100/70	11.8	107
131.	Arushi			18	50/54"	100/70	11.8	107
132.	Arushi			18	50/54"	100/70	11.8	107
133.	Arushi			18	50/54"	100/70	11.8	107
134.	Arushi			18	50/54"	100/70	11.8	107
135.	Arushi			18	50/54"	100/70	11.8	107
136.	Arushi			18	50/54"	100/70	11.8	107
137.	Arushi			18	50/54"	100/70	11.8	107
138.	Arushi			18	50/54"	100/70	11.8	107
139.	Arushi			18	50/54"	100/70	11.8	107
140.	Arushi			18	50/54"	100/70	11.8	107
141.	Arushi			18	50/54"	100/70	11.8	107
142.	Arushi			18	50/54"	100/70	11.8	107
143.	Arushi			18	50/54"	100/70	11.8	107
144.	Arushi			18	50/54"	100/70	11.8	107
145.	Arushi			18	50/54"	100/70	11.8	107
146.	Arushi			18	50/54"	100/70	11.8	107
147.	Arushi			18	50/54"	100/70	11.8	107
148.	Arushi			18	50/54"	100/70	11.8	107
149.	Arushi			18	50/54"	100/70	11.8	107
150.	Arushi			18	50/54"	100/70	11.8	107

No.	Name	Class	Roll no.	Age	Hgt/In	P.F.	Wt.	Age
130	Rishi Chakrav			19	51 53"	100/70	11.1	74
131	Ashish Chakrav			18	50 51"	95/70	11.1	74
132	Pooja			18	50 51"	90/70	—	—
133	Dr. Rajesh Chakrav	PA		21	57 58"	104/70	11	74
134	Anjali Chakrav			20	53 54"	94/70	10.5	74
135	Soham Dalvi			20	50 51"	94/70	12.7	89
136	Shruti			18	50 51"	90/70	11.6	85
137	Saiyoni		20220130070361	19	49 50"	100/70	11	74
138	Priya	BA(2)		19	49 50"	100/70	11	74
139	Rishika			18	50 51"	105/70	11.4	82
140	Shruti			18	50 51"	105/70	11.4	82
141	Shruti			18	50 51"	105/70	11.4	82
142	Shruti			18	50 51"	105/70	11.4	82
143	Shruti			18	50 51"	105/70	11.4	82
144	Shruti			18	50 51"	105/70	11.4	82
145	Sesajoni	BA(2)	20220130070361	19	50 51"	100/70	11	74
146	Sonali Devi	MA(2)	4006	18	50 51"	100/70	11.4	82
147	Soni	BA(2)	20220130070361	19	50 51"	100/70	11	74
148	Ashika	BA(2)	20220130070361	18	50 51"	100/70	11	74
149	Shruti	BA(2)	20220130070361	18	50 51"	100/70	11	74
150	Shruti	BA(2)	20220130070361	18	50 51"	100/70	11	74
151	Shruti	BA(2)	20220130070361	18	50 51"	100/70	11	74
152	Monika	BA(2)	20220130070361	18	50 51"	100/70	11	74
153	Suhani	BA(2)	20220130070361	18	50 51"	100/70	11	74
154	Monika	BA(2)	20220130070361	18	50 51"	100/70	11	74
155	Mohini	BA(2)	20220130070361	18	50 51"	100/70	11	74
156	Deepika Sharma	BA(2)	12.0520148	20	50 51"	100/70	11.4	82
157	Ashika	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
158	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
159	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
160	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
161	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
162	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
163	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
164	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
165	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
166	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
167	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
168	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81

169	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
170	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
171	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
172	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
173	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
174	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
175	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
176	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
177	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
178	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
179	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
180	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
181	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
182	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
183	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
184	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
185	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
186	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
187	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
188	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
189	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
190	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
191	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
192	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
193	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
194	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
195	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
196	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
197	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
198	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
199	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81
200	Shruti Chakrav	BA(2)	12.0520148	19	50 51"	100/70	11.7	81

## ➤ Interactive Session with Dr. Palak Mittal

Women Cell in collaboration with the Gender Sensitization Committee of G.C Kullu held an Interactive session with Gender Champions, girls of the hostel and other students on the topic “Gender Sensitization and its role in reforming the society”

[https://www.gckullu.ac.in/Women\\_cell.aspx](https://www.gckullu.ac.in/Women_cell.aspx)



### Govt. College Kullu (H.P.) College Activity महाविद्यालय की गतिविधि



Sr. No.	Particular	Remarks
1	Date / दिनांक	19 <sup>th</sup> October 2023
2	Name of Activity गतिविधि का नाम	Interactive session with Dr. Palak Mittal
3	Name of Unit/Agency/Department Organizing the Activity गतिविधि आयोजित करने वाली इकाई / संस्था / विभाग का नाम	Women Cell and Gender Sensitization Committee of G.C. Kullu
4	Name of Collaborating Agency (If Any) सहयोगी संस्था का नाम	GC KULLU
5	No. of Student Participants भाग लेने वाले विद्यार्थियों की संख्या	220
6	No. of Teacher Participants भाग लेने वाले प्राध्यापकों की संख्या	25
7	Brief Report संक्षिप्त प्रतिवेदन :	<p>Women Cell in collaboration with Gender Sensitization Committee of G.C. Kullu. held an interactive session with Gender Champions , girls of hostel, and other students on the topic “Gender sensitization and its role in reforming the society.” Dr. Palak Mittal (Visiting faculty at Ramanujan College, Hindu College, Kamla Nehru College, and University of Delhi) in her talk focused on the importance of gender sensitization in the society. The session was a two way participation and students interacted through various activities like Question-Answer session, Group discussions, narrating daily life experiences etc. Lastly, Gender Champions were encouraged to spread awareness among the other students of their classes and in their respective areas and localities.</p>

*Bij Bala*  
Organizer  
आयोजक

*[Signature]*  
Principal  
Govt. College Kullu (H.P)



