



NATIONAL WEBINAR ON HUMAN CIVILIZATION AND COVID - 19

BY: NCC & ROVERS AND RANGERS UNITS

DATED: 15-06-2021 TO 17-06-2021

NCC & Rovers & Rangers Units of Govt. College Kullu organized a three-day webinar from June 15-17, 2021, titled "Human Civilization and Covid 19" aimed at spreading awareness and providing guidance on dealing with the pandemic's physical, emotional, psychological, and social impacts. The inaugural session on June 15, was graced by Sh. Govind Singh Thakur, Hon'ble Education Minister of Himachal Pradesh, Dr. Anu Devi, MD (OBGY), RH Kullu, served as the keynote speaker, elucidating on the history, spread, symptoms, complications, preventive measures, and vaccination of Covid 19. Her informative session, coupled with interactive Q&A, offered valuable insights to the audience. Dr. Davinder Singh Johal, HOD Dept of Psychology, GNDU, Amritsar, addressed stress management during Covid 19, advocating for a holistic approach encompassing physical exercise, healthy diet, positive thoughts, empathy, and meditation. Other Speakers Mr. Ajay Kumar and Sh. Akshya Bhartnagar shared their personal experiences and insights on coping strategies and the importance of compassion, communication, and mental strength. The webinar was also addressed by Dr. Amarjeet Kumar Sharma, Director of Higher Education, Sh. Dr. Amar Dev, Director Hr. Education (Retd.), Govt. of Himachal Pradesh, who lauded the organizers for their impactful initiative. About 100 NCC Cadets, and other students and faculty members benefited from the webinar.



Govt. College Kullu (H.P.) College Activity



Sr. No.	Particular	Remarks
1	Date /	15 June 2021 - 17 June 2021
2	Name of Activity/	A National Webinar on Human Civilization and Covid -19
3	Name of Unit/Agency/Department/Organizing the Activity	NCC Unit Gc Kullu NCC Air Wing IHP Air SQN NCC Kullu NCC Army Wing 2HP BTN NCC Mandi NCC Army Wing Girls BTN IHP NCC Solan
4	Name of Collaborating Agency (If Any)	
5	No. of Student Participants	70
6	No. of Teacher Participants	20
7	Brief Report Three days National Webinar was organized by the Rovers & Rangers and NCC Units of Govt. College Kullu w.e.f 15 June 2021 - 17 June 2021 on the topic " Human Civilization and Covid 19" to spread awareness on Covid 19 and help the students and faculty deal effectively with physical, emotional, psychological and social impacts resulting from the Pandemic.	

Organizer

Principal
Govt. College
Kullu (H.P.)