



FIT INDIA ADDRESS BY HON'BLE P.M.

BY: NSS, NCC, R&RUNITS

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A live online screening was arranged on 29th August 2019, at the Multipurpose Hall of G.C. Kullu to broadcast the address of the Hon'ble Prime Minister of India, aimed at inspiring the youth of India to adopt a more physically active lifestyle through the Fit India Movement. The event was organized with the objective of promoting fitness as a means to improve overall health and well-being among citizens. The live screening attracted a significant audience comprising 112 NSS, NCC, Rovers & Rangers volunteers and about 300 other students and faculty members. All were eager to hear the Hon'ble Prime Minister's address. In his address, the Hon'ble Prime Minister emphasized the importance of fitness in maintaining a healthy and productive lifestyle. He urged the youth to embrace physical activity and sports, highlighting their transformative impact on individual well-being and national development.



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